

OFFENSIVE ZONE



DEFENSIVE ZONE

dig HAAAAARD in the corners!!
Centermen help out the winger in a 2 on 1

Hug the board to keep the puck in!

be DAMN sure when you pinch! Make sure your other d-man isn't out of position

When you have the puck **SKATE HARD**
Beat them with Speed!!

Save the fancy moves for when you **CROSS THIS LINE**

Make **HARD** accurate Passes!

Don't make fancy moves here, just get the damn puck past the blue line!

Angle your skates to get hard passes off the boards Chip pass to streaking center, or bank pass off the boards **GET THE PUCK OUT**

High off the glass if you need to clear the puck

WIN FACEOFF

- * Wide stance
- * ~~Get low~~
- * Choke up on stick
- * Watch refs hand
- * or tie up man

in emergency freeze the puck on the boards

Wingers, stay in front of the other teams D-man
DON'T LET HIM TOUCH THE PUCK

Tie up the other teams players

D-man clear this area out

Set up the breakout back here Centre can skate back here to grab the puck and lead the breakout

Don't screen the tender
Goalie should only have to make one save!

Please, just **PLEASE** don't pass the puck through the middle!

BLOCK SHOTS

(Do it properly)
We have a video for that ;)

If the d-man isn't on the boards a quick bank shot is a good way to breakout

Wingers can come down to the hash marks to start a breakout

Win **EVERY** battle along these boards

Try to make direct passes to wingers for a breakout

Don't make blind passes!

Breaking in? One man hard to the net, one stays high

ONE-TIMERS!!

Tender hates it when you are back here set up a one-timer

CAUSE A RUCUS IN FRONT OF THE NET
(Tip in shots collect garbage goals!)

Shoot from here
Top shelf or 5-hole or set up the tap-in goal for your winger

Feed the man in front
Or the d-man or skate it out or pass behind the net

Skate across here, shoot high, short side

HIT THE NET

Shoot hard and low through traffic
MAX 2 feet off the ice

DON'T screw up those D to D passes! Make them hard and accurate

BACK CHECK HARD

Man with puck - Drive wide
2nd man - hard to net (far post)
3rd man - stay high

FEED THE HEAD MAN!!

No play here??
Dump & chase
Cross ice dump
Dump in for a line-change!

Skate across lanes to give the D-man something to pass to!